



CV

Personal Details:

Name: Álvaro Molinos Domene

Date of birth: 10th of January 1986

Birth place: Zaragoza

Passport: 73259742-G

- Spanish Address: C/ Rosario, Nº 20, - 44630, Castelserás (Teruel).
- German Address: Hermann-Stehr-Weg 25, 89075 Ulm

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Sport/Trainer Experience:

2005-2006:

- Trainer to “Ezequiel Gonzalez” Team.
 - Women football: B and C-Team (under 14 years).

2006-2007:

- Trainer to “Ezequiel Gonzalez” Team.
 - Women football: B and C-Team (under 14 years).
 - 1st Team in the Region (Castilla y Leon).

2007-2008:

- Trainer to “Ezequiel Gonzalez” Team.
 - Trainer to 1. Team. Women Football (Spanish Region League)

2009-2010:

- **Physical-Trainer to Tus Koblenz (Men - Team)**
 - Physical Trainer to Tus Koblenz U-23.
 - Meister: Aufstieg in die Rheinlandliga.

2010-2011:

- Co-Trainer and **Physical trainer to FV Löchgau.**
 - 2. Frauen Bundesliga (Germany). Continue in 2. Bundesliga.
 - 10^o in the League
 - 1/8 in DFB-POKAL.
- **Physical Trainer to Vaihingen Faustball Mannschaft:**
 - 1. Faustball Bundesliga Süd.
 - 3. In the League

2011-2012:

- **Physical Trainer , Nutricionist and Sport Researcher to SSV Ulm.**
 - Men Oberliga (Germany). „Oberliga BW Meisterschaft“ Regionalliga-Aufstieg
 - Physical Trainer and Tester to the SSV Ulm Club: U-15, U-17, U-19, U-23 (bezirkliga) and 1.Team (Oberliga)



Academic Information:

- 1998-2002: Compulsory secondary education.
- 2002-2005: Non-compulsory education, Social Sciences stream
- 2005-2008: **Degree in physical education (Bachelor Lehramt Sport)** begun, School of Teaching, Segovia (university of Valladolid).
- 2008- 2009: 4º course in Degree in Sports Science (University from A Coruña –Spain-).
 - 2009- 2010: ERASMUS programme, 5º and last course in **Degree to Sports Science(Bachelor Sportwissenschaften)** (Koblenz University, Germany) Sportwissenschaft.
- 2010-2011: **Master degree in Sport High Performance (Master in Sportwissenschaften, Schwerpunkt Leistung)** by the COE (Spanish Olympic Committee)
- 2011-2012: **Master degree in Sport and Health Nutrition (Master in Sport- und Ernährungswissenschaften)** by Cataluña University
- 2012-**Preparing the PhD (Doctor Degree)** about “**New Technologies to improve and check the physical condition in football with GPS, Accelerometer, Giroscopy, etc.**”

Languajes.

- **ENGLISH:** Upper level: **B2**
- **GERMAN:** Upper level. **B2**
- **SPANISH:** Native.

